

## Equipment List for Aoraki / Mount Cook - 5 days

Throughout the summer season, a full range of conditions and temperatures can be expected on an ascent of Aoraki / Mt Cook and clients need to be suitably prepared. Your guide will do a comprehensive gear check at your pre-trip meeting. This is a fly-in and out hut based trip and a duffel bag of overnight gear can be taken to the hut. On the summit day you will need to carry your personal gear and may be asked to assist in carrying some group gear.

Below is a checklist of required equipment. Further detail is available in the equipment detail information accessed from the [Aoraki / Mt Cook](#) page on [www.aspiringguides.com](http://www.aspiringguides.com). If you have any questions about the equipment list, please be sure to contact us at [climb@aspiringguides.com](mailto:climb@aspiringguides.com).

### Personal Equipment Checklist

*\*Available for hire*

#### COMPULSORY - These items will definitely be required

##### Body

- Underwear
- Base layer (150-190g weight, merino or polypop, no cotton)
  - top
  - leggings
- Mid layer top (fleece or windproof)
- Insulating jacket (fleece or synthetic fill)
- Waterproof jacket (eg Gore Tex® or similar)
- Overpants\*** (as above)
- Lightweight, quick drying trousers
- Collared glacier/trekking shirt

##### Feet

- Mountaineering boots full shank, 3 season (eg La Sportiva® Nepal)\***
- Ankle gaiters\***
- 2 pairs of trekking socks

##### Head/Face

- Sunhat - cap
- Warm hat & neck gaiter (eg Buff®)
- Sunglasses - glacier rated category 4

##### Hands

- Warm windproof gloves
- Light gloves

##### Technical equipment (supplied FOC)

- Climbing helmet
- Crampons - with anti-balling plates
- Ice axe
- Ice hammer
- Climbing harness
- Belay device
- Sling - nylon or Dyneema®, 120cm
- 4x Carabiners - HMS preferred
- 2x 6mm Prusiks - 1x60cm, 1x 120cm loop length
- Ice screw

##### Accessories

- Backpack (30+ litres)\***
- Sleeping bag (2 season, 0°C) & liner\***
- Water bottles - 2 litres capacity
- Head torch - and spare batteries
- Toiletries - blister kit & personal medication
- Small container of sunblock & lip screen

##### OPTIONAL - Personal preference items

- Collapsible trekking poles\***
- Camera
- Swiss army knife or leatherman
- Earplugs for sleeping
- Lightweight approach/hut shoes (eg Crocs®)
- USB charging is available in Plateau Hut for small electronic devices

#### TRIP DEPENDANT - Depends on weather and condition factors

If you have these items, please bring them along if it is not a hassle. Your guide will discuss if these items are required during the pre-trip meeting and they can be hired or purchased in Wanaka if required.

- Rock climbing shoes\***
- Snow goggles\***
- Duffel bag**
- Plastic bowl, cup and cutlery**

## Equipment Hire Form

If you need to hire or purchase any equipment, please complete the form and return it to us before the start of your trip. Alternatively please phone or email us informing us of the items you require.

SECTION A - TECHNICAL EQUIPMENT	OWN	HIRE	CHARGE PER DAY
Climbing helmet	<input type="checkbox"/>	<input type="checkbox"/>	Free
Crampons	<input type="checkbox"/>	<input type="checkbox"/>	Free
Ice axe and hammer	<input type="checkbox"/>	<input type="checkbox"/>	Free
Climbing harness	<input type="checkbox"/>	<input type="checkbox"/>	Free
Belay device	<input type="checkbox"/>	<input type="checkbox"/>	Free
Sling	<input type="checkbox"/>	<input type="checkbox"/>	Free
Carabiners	<input type="checkbox"/>	<input type="checkbox"/>	Free
Prusik loops	<input type="checkbox"/>	<input type="checkbox"/>	Free
Ice screw	<input type="checkbox"/>	<input type="checkbox"/>	Free

SECTION B - RENTAL EQUIPMENT		OWN	HIRE	CHARGE PER DAY
Mountaineering boots	Size: _____	<input type="checkbox"/>	<input type="checkbox"/>	\$20
Backpack		<input type="checkbox"/>	<input type="checkbox"/>	\$10
Sleeping bag with silk liner		<input type="checkbox"/>	<input type="checkbox"/>	\$10
Overpants	Size: Small / Med / Large	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Gaiters	also available to purchase	<input type="checkbox"/>	<input type="checkbox"/>	\$10
<i>Sleeping mat</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$10
<i>Bivi bag</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$10
<i>Snow goggles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$5
<i>Collapsible trekking poles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$15

I, (the hirer) accept all responsibility for any loss or damage to equipment that is in my care.  
If damaged or lost I give permission for Aspiring Guides to charge replacement costs to my account.

I also acknowledge the hire fee is calculated from the start of the trip to when the equipment is returned to the Aspiring Guides office.

Hirer name: \_\_\_\_\_

Hirer's signature: \_\_\_\_\_

## Items available for purchase at Aspiring Guides

Gaiters	From \$75	For a full range of outdoor equipment visit MT Outdoors in Wanaka <a href="http://www.mtoutdoors.co.nz">www.mtoutdoors.co.nz</a> +64 344 32 888 There will be time at the start of the trip to make last minute purchases
Headtorch	From \$60	
Water bottle	\$29.95	
Base layers	From \$49.90	