

Equipment List for Winter Alpine Mountaineering Course - 4 days

During winter a full range of conditions and temperatures can be expected and participants need to be suitably prepared. Your guide will do a comprehensive gear check at your pre-trip meeting. This trip is based out of accommodation in town and depending on the weather and conditions, there may be an option to bivvy or camp out on the mountain. This will be discussed with your guide during the pre-trip meeting.

Below is a checklist of required equipment. Further detail is available in the equipment detail information accessed from the [Winter Alpine Mountaineering Course](#) page on www.aspiringguides.com. If you have any questions about the equipment list, please be sure to contact us at climb@aspiringguides.com.

Personal Equipment Checklist

**Available for hire*

COMPULSORY - These items will definitely be required

Body

- Underwear
- Base layer (150-190g weight, merino or polypro, no cotton)
 - Top
 - Leggings
- Mid layer tops (fleece or windproof)
- Insulating jacket (fleece or synthetic fill)
- Waterproof jacket (eg Gore Tex® or similar)
- Overpants*** (as above)
- Softshell climbing trousers

Feet

- Mountaineering boots*** Full shank, 3-4 season (eg La Sportiva® Nepal)
- Gaiters***
- 2 pairs of trekking socks

Head/Face

- Sunhat - cap
- Warm hat & neck gaiter (eg Buff®)
- Sunglasses - snow/glacier rated category 4
- Snow goggles

Hands

- Warm windproof gloves
- Light gloves

Technical equipment (supplied FOC)

- Climbing helmet
- Crampons - with anti-balling plates
- Walking axe
- Technical ice axes with leash
- Climbing harness
- Belay device
- Sling - nylon or Dyneema®, 120cm
- 4x Carabiners - HMS preferred
- 2x 6mm Prusiks - 1x60cm, 1x 120cm loop length
- Ice screws, snow stakes
- Avalanche transceiver, shovel and probe

Accessories

- Backpack (40+ litres)***
- Sleeping bag (3 season, -5°C) & liner***
- Water bottles - 2 litres capacity
- Head torch (and spare batteries)
- Toiletries - blister kit & personal medication
- Small container of sunblock & lip screen

OPTIONAL - Personal preference items

- Collapsible trekking poles***
- Map, compass and compact notebook and pencil
- Camera
- Swiss army knife or leatherman
- Earplugs for sleeping
- Lightweight approach shoes
- Towel and change of clothes for evenings

TRIP DEPENDANT - Depends on weather and condition factors

If you have these items, please bring them along if it is not a hassle. Your guide will discuss if these items are required during the pre-trip meeting and they can be hired or purchased in Wanaka if required.

- Bivi bag***
- Sleeping pad***
- Snowshoes***
- Plastic bowl, cup & cutlery**

Equipment Hire Form

If you need to hire or purchase any equipment, please complete the form and return it to us before the start of your trip. Alternatively please phone or email us informing us of the items you require.

SECTION A - TECHNICAL EQUIPMENT	OWN	HIRE	CHARGE PER DAY
Climbing helmet	<input type="checkbox"/>	<input type="checkbox"/>	Free
Crampons	<input type="checkbox"/>	<input type="checkbox"/>	Free
Walking axe	<input type="checkbox"/>	<input type="checkbox"/>	Free
Technical ice axes	<input type="checkbox"/>	<input type="checkbox"/>	Free
Climbing harness	<input type="checkbox"/>	<input type="checkbox"/>	Free
Belay devices	<input type="checkbox"/>	<input type="checkbox"/>	Free
Sling	<input type="checkbox"/>	<input type="checkbox"/>	Free
Carabiners	<input type="checkbox"/>	<input type="checkbox"/>	Free
Prusik loops	<input type="checkbox"/>	<input type="checkbox"/>	Free
Ice screws, snow stakes	<input type="checkbox"/>	<input type="checkbox"/>	Free
Avalanche transceiver / shovel / probe	<input type="checkbox"/>	<input type="checkbox"/>	Free

SECTION B - RENTAL EQUIPMENT		OWN	HIRE	CHARGE PER DAY
Mountaineering boots	Size: _____	<input type="checkbox"/>	<input type="checkbox"/>	\$20
Backpack		<input type="checkbox"/>	<input type="checkbox"/>	\$10
Overpants	Size: Small / Med / Large	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Gaiters	also available to purchase	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Sleeping bag with silk liner		<input type="checkbox"/>	<input type="checkbox"/>	\$10
<i>Snow shoes & walking poles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$35
<i>Sleeping mat</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$10
<i>Bivi bag</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$10
<i>Snow goggles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	FOC
<i>Collapsible trekking poles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$15

I, (the hirer) accept all responsibility for any loss or damage to equipment that is in my care.
If damaged or lost I give permission for Aspiring Guides to charge replacement costs to my account.

I also acknowledge the hire fee is calculated from the start of the trip to when the equipment is returned to the Aspiring Guides office.

Hirer name: _____

Hirer's signature: _____

For a full range of outdoor equipment visit MT Outdoors in Wanaka www.mtoutdoors.co.nz
+64 344 32 888

There will be time at the start of the trip to make last minute purchases