

## Equipment List for Winter Ice Climbing - 4 days

During winter a full range of conditions and temperatures can be expected and participants need to be suitably prepared. Your guide will do a comprehensive gear check during your pre-trip meeting. This trip is based out of our private Black Peak hut that is supplied with cooking equipment, bunk beds and sleeping bags.

Below is a checklist of required equipment. Further detail is available in the equipment detail information accessed from the [Winter Ice Climbing](#) page on [www.aspiringguides.com](http://www.aspiringguides.com). If you have any questions about the equipment list, please be sure to contact us at [climb@aspiringguides.com](mailto:climb@aspiringguides.com).

### Personal Equipment Checklist

*\*Available for hire*

#### COMPULSORY - These items will definitely be required

##### Body

- Underwear
- Base layer (150-190g weight, merino or polypro, no cotton)
  - Top
  - Leggings
- Mid layer tops (fleece or windproof)
- Insulating jacket (fleece or synthetic fill)
- Waterproof jacket (eg Gore Tex® or similar)
- Overpants\*** (as above)
- Softshell climbing trousers

##### Feet

- Mountaineering boots\*** Full shank, 3-4 season (eg La Sportiva® Nepal)
- Gaiters\***
- 2 pairs of socks

##### Head/Face

- Sunhat - cap
- Warm hat & neck gaiter (eg Buff®)
- Sunglasses

##### Hands

- Warm windproof gloves
- Light gloves

#### OPTIONAL - Personal preference items

- Collapsible trekking poles\***
- Snow goggles
- Camera
- Swiss army knife or leatherman
- Earplugs for sleeping
- Lightweight hut shoes

##### Technical equipment (supplied FOC)

- Climbing helmet
- Crampons - with anti-balling plates
- Technical ice axes with leash
- Climbing harness
- Belay device
- Sling - nylon or Dyneema®, 120cm
- 4x Carabiners - HMS preferred
- 2x 6mm Prusiks - 1x60cm, 1x 120cm loop length
- Ice screws
- Avalanche transceiver, shovel and probe

##### Accessories

- Backpack (40+ litres)\***
- Sleeping bag & liner (supplied FOC)
- Water bottles - 2 litres capacity
- Head torch - and spare batteries
- Toiletries - blister kit & personal medication
- Small container of sunblock & lip screen

## Equipment Hire Form

If you need to hire or purchase any equipment, please complete the form and return it to us before the start of your trip. Alternatively please phone or email us informing us of the items you require.

SECTION A - TECHNICAL EQUIPMENT	OWN	HIRE	CHARGE PER DAY
Climbing helmet	<input type="checkbox"/>	<input type="checkbox"/>	Free
Crampons	<input type="checkbox"/>	<input type="checkbox"/>	Free
Technical ice axes	<input type="checkbox"/>	<input type="checkbox"/>	Free
Climbing harness	<input type="checkbox"/>	<input type="checkbox"/>	Free
Belay devices	<input type="checkbox"/>	<input type="checkbox"/>	Free
Sling	<input type="checkbox"/>	<input type="checkbox"/>	Free
Carabiners	<input type="checkbox"/>	<input type="checkbox"/>	Free
Prusik loops	<input type="checkbox"/>	<input type="checkbox"/>	Free
Ice screws, snow stakes	<input type="checkbox"/>	<input type="checkbox"/>	Free
Avalanche transceiver / shovel / probe	<input type="checkbox"/>	<input type="checkbox"/>	Free

SECTION B - RENTAL EQUIPMENT		OWN	HIRE	CHARGE PER DAY
Mountaineering boots	Size: _____	<input type="checkbox"/>	<input type="checkbox"/>	\$20
Backpack		<input type="checkbox"/>	<input type="checkbox"/>	\$10
Overpants	Size: Small / Med / Large	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Gaiters	also available to purchase	<input type="checkbox"/>	<input type="checkbox"/>	\$10
<i>Snow shoes &amp; walking poles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$35
<i>Snow goggles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	FOC
<i>Collapsible trekking poles</i>	<i>Trip dependant</i>	<input type="checkbox"/>	<input type="checkbox"/>	\$15

I, (the hirer) accept all responsibility for any loss or damage to equipment that is in my care.  
If damaged or lost I give permission for Aspiring Guides to charge replacement costs to my account.

I also acknowledge the hire fee is calculated from the start of the trip to when the equipment is returned to the Aspiring Guides office.

Hirer name: \_\_\_\_\_

Hirer's signature: \_\_\_\_\_