

## Equipment List for Mountain Skills Course - 5/7 days

Throughout the summer season, a full range of conditions and temperatures can be expected in the NZ mountains. Due to the remote nature of the courses, participants need to be suitably prepared. Your guide will do a comprehensive gear check at your pre-trip meeting. This is a hut based trip and you will need to carry your personal gear and will be asked to assist in carrying some group gear and food. Depending on the weather and conditions, there may be an option to bivi out which can be discussed with your guide during the pre-trip meeting.

Below is a checklist of required equipment. Further detail is available in the equipment detail information accessed from the [Mountain Skills Course](#) page on [www.aspiringguides.com](http://www.aspiringguides.com). If you have any questions about the equipment list, please be sure to contact us at [info@aspiringguides.com](mailto:info@aspiringguides.com).

### Personal Equipment Checklist

*\*Available to Loan*

#### COMPULSORY - These items will definitely be required

##### Body

- ☐ Underwear
- ☐ Base layer (150-190g weight, merino or polypro, no cotton)
  - ☐ Top
  - ☐ Leggings
- ☐ Mid layer top (fleece or windproof)
- ☐ Insulating jacket (fleece or synthetic fill)
- ☐ Waterproof jacket (eg Gore Tex® or similar)
- ☐ **Overpants\*** (as above)
- ☐ Lightweight, quick drying trousers
- ☐ Collared glacier/trekking shirt

##### Feet

- ☐ **Mountaineering boots\***
  - ☐ Nov to Jan - Full shank, 3 season (eg La Sportiva® Nepal)
  - ☐ Jan to April - 3/4 shank, 2-3 season (eg La Sportiva® Karakorum or Trango)
- ☐ **Gaiters\***
- ☐ 2 pairs of trekking socks

##### Head/Face

- ☐ Sunhat - cap
- ☐ Warm hat & neck gaiter (eg Buff®)
- ☐ Sunglasses - glacier rated category 4

##### Hands

- ☐ Warm windproof gloves
- ☐ Light gloves

##### Technical equipment (supplied FOC)

- ☐ Climbing helmet
- ☐ Crampons - with anti-balling plates
- ☐ Ice axe
- ☐ Ice hammer
- ☐ Climbing harness
- ☐ Belay device
- ☐ Sling - nylon or Dyneema®, 120cm
- ☐ 4x Carabiners - HMS preferred
- ☐ 2x 6mm Prusiks - 1x60cm, 1x 120cm loop length
- ☐ Ice screws, snow stakes

##### Accessories

- ☐ **Backpack (50+ litres)\***
- ☐ **Sleeping bag (2 season, 0°C) & liner\***
- ☐ Water bottles - 2 litres capacity
- ☐ Head torch - and spare batteries
- ☐ Toiletries - blister kit & personal medication
- ☐ Small container of sunblock & lip screen

##### OPTIONAL - Personal preference items

- ☐ **Collapsible trekking poles\***
- ☐ Map, compass and compact notebook and pencil
- ☐ Crevasse rescue kit - pulley or progress capture device (eg Petzl Micro Traxion®)
- ☐ Camera
- ☐ Swiss army knife or leatherman
- ☐ Earplugs for sleeping
- ☐ Lightweight approach/hut shoes (eg Crocs®)
- ☐ Some huts may have USB charging for small electronic devices

#### TRIP DEPENDANT - Depends on weather and condition factors

If you have these items, please bring them along if it is not a hassle. Your guide will discuss if these items are required during the pre-trip meeting and they can be hired or purchased in Wanaka if required.

- |  |  |
|--|--|
| <input type="checkbox"/> <b>Bivi bag*</b>            | <input type="checkbox"/> <b>Avalanche transceiver, shovel and probe*</b> |
| <input type="checkbox"/> <b>Sleeping pad*</b>        | <input type="checkbox"/> <b>Day backpack</b>                             |
| <input type="checkbox"/> <b>Rock climbing shoes*</b> | <input type="checkbox"/> <b>Duffle bag - for fly-in/out trips</b>        |
| <input type="checkbox"/> <b>Snow goggles*</b>        |  |

## Equipment Available to Loan

All equipment is included in the trip price. Please let your guide know at the pre-trip meeting an gear check if you need anything.

SECTION A - TECHNICAL EQUIPMENT	OWN
Climbing helmet	<input type="checkbox"/>
Crampons	<input type="checkbox"/>
Ice axe (and hammer if required)	<input type="checkbox"/>
Climbing harness	<input type="checkbox"/>
Belay devices	<input type="checkbox"/>
Sling	<input type="checkbox"/>
Carabiners	<input type="checkbox"/>
Prusik loops	<input type="checkbox"/>
Ice screws, snow stakes	<input type="checkbox"/>

SECTION B - RENTAL EQUIPMENT		OWN
Mountaineering boots	Size: _____	<input type="checkbox"/>
Backpack		<input type="checkbox"/>
Overpants	Size: Small / Med / Large	<input type="checkbox"/>
Gaiters	also available to purchase	<input type="checkbox"/>
Sleeping bag with liner		<input type="checkbox"/>
<i>Sleeping mat</i>	<i>Trip dependant</i>	<input type="checkbox"/>
<i>Bivi bag</i>	<i>Trip dependant</i>	<input type="checkbox"/>
<i>Snow goggles</i>	<i>Trip dependant</i>	<input type="checkbox"/>
<i>Collapsible trekking poles</i>	<i>Trip dependant</i>	<input type="checkbox"/>

## Items available for purchase from local providers

Gaiters	From \$75	For a full range of outdoor equipment visit MT Outdoors in Wanaka <a href="http://www.mtoutdoors.co.nz">www.mtoutdoors.co.nz</a> +64 344 32 888 There will be time at the start of the trip to make last minute purchases
Headtorch	From \$59.90	
Water bottle	\$29.95	
Base layers	From \$49.90	