

## Avalanche Awareness Course Equipment Checklist

### **Foot Based Courses**

Foot based courses cover exactly the same content as touring courses. For the foot based course, on the field day each participant needs the following:

- Appropriate warm, windproof and waterproof outdoor clothing including:
  - Thermals, insulating layers, waterproof shell jacket and pants;
  - Warm hat, buff & sun hat;
  - Warm gloves & a second thinner pair;
  - Sunglasses & goggles.
- Day Pack: 20-30L (big enough to fit supplies, shovel and probe);
- Food and drink sufficient for the day.
- Personal first aid kit.
- Sunscreen & lip-balm.
- Sturdy trekking boots, gaiters and trekking poles (recommend).
- Snowshoes are optional.

#### **Recommended:**

- Notebook & pencil;
- Compass & map (Pisa range or Cardrona).

#### **Mandatory:**

- Avalanche Transceiver: digital with new alkaline batteries and spares;**
- Avalanche Shovel: Collapsible, light, robust, ribs, square mouth, preferably metal;**
- Avalanche Probe: ideally 2.4 m long.**

If you do not have an avalanche transceiver, shovel, and probe they can be hired from Aspiring Guides for \$35.

#### **Ski Passes:**

For courses run from Cardrona, it is possible and optional to purchase as single ride lift ticket on the day for \$35.

### **Touring Courses**

The Avalanche Awareness course is not a ski/snowboard touring course. Participants must be familiar with their touring gear and have experience using it. The touring course covers exactly the same content as foot courses. **In addition to what is required for foot based courses (above),** participants require:

- Ski touring or splitboard equipment including boots, poles, skins and splitboard crampons.

*Snowshoes are not accepted on touring courses.*

#### **Optional:**

- Helmet

#### **Ski Passes:**

For courses run from Cardrona, it is possible to purchase a single ride lift ticket on the day for \$35.

For courses run from Treble Cone a touring lift ticket is required. These can be purchased on the day for \$60.

For courses run from Snow Farm in the Pisas an access trail fee is required. These can be purchased on the day for \$10.