

## Equipment List for Upper Wilkin Trek - 4 days

---

Summer weather is usually quite warm in the Wilkin Valley. However it is a remote mountain area and winter type conditions can happen any time of year. Required clothing can vary somewhat according to the time of year or the current weather. This is a hut based trek. You will need to carry your own personal gear as well as some group food, or other group gear. Many people prefer to use their own sleeping bag, pad and backpack, or if you wish you can hire one of ours. We recommend an inflatable sleeping mat, 50 litre backpack and 2 season sleeping bag graded to 0°C (and liner). Lighter is OK for mid-summer. At the pre-trip meeting your guide will do a gear check to make sure you have everything you need.

Below is a list of required equipment. Further detail is available in the equipment detail information accessed from the [Upper Wilkin Experience](http://www.aspiringguides.com) page on [www.aspiringguides.com](http://www.aspiringguides.com). If you have any questions about the clothing list, please be sure to contact us at [climb@aspiringguides.com](mailto:climb@aspiringguides.com).

## Personal Equipment Checklist

*\*Available for hire*

*Please bring all your equipment to the scheduled pre-trip meeting.*

### Body

- Underwear
- Base layer (150-190g weight, merino or polypro, no cotton)
  - top
  - leggings
- Mid layer top (fleece or windproof)
- Insulating jacket (fleece or synthetic fill)
- Waterproof and breathable jacket and *overpants\** (eg Gore Tex® or similar)
- Lightweight, quick drying shorts or trousers
- Light collared shirt for sunny weather

### Head/Face

- Sun hat & sunglasses
- Warm hat which covers ears

### Hands

- Windproof warm gloves or mittens

### Feet

- Sturdy, worn in trekking boots (eg. La Sportiva® Trango Trek) - boots are likely to get wet from river crossings
- Calf or ankle gaiters (recommended)
- 2 pairs of trekking socks

### Group Gear

- Some food
- Some group gear

### Accessories

- Backpack (i.e. 25+ litre)\**
- Sleeping bag liner\**
- Pack liner or large plastic bag
- Personal toiletries and medication
- Insect repellent (for sand flies)
- Sun cream and lip cream
- Water bottle (at least one litre)
- Camera
- Headtorch

### Optional - personal preference

- Collapsible trekking poles\**
- Light book or magazine
- Earplugs (handy for huts)
- Plastic cup for drinking from streams
- Lightweight hut or camp shoes (eg Crocs®)

## I need to hire

---

If you need to hire or purchase any equipment, please complete the form and return it to us before the start of your trip. Alternatively phone or email us informing us of the items you require.

Item	Own	Hire	Daily Rate
Backpack	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Sleeping bag liner	<input type="checkbox"/>	<input type="checkbox"/>	free
Overpants, specify size    S    M    L	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Collapsible trekking poles	<input type="checkbox"/>	<input type="checkbox"/>	\$15

I, (the hirer) accept all responsibility for any loss or damage to equipment that is in my care.

If damaged or lost I give permission for Aspiring Guides to charge replacement costs to my account.

I also acknowledge the hire fee is calculated from the start of the trip to when the equipment is returned to the Aspiring Guides office.

**Hirer name:**

**Hirer's signature:**