



## Equipment List for Wanaka Day Hikes - 1 day

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Our day hikes start from our Wanaka office where you will meet your guide and make introductions before setting off on the day's adventure. From there you will either head to the helipad for your flight into the mountains, or your guide will drive directly to the trailhead. We supply all food and snack foods throughout each day, though feel free to bring your own if you have any specific preferences.

Some of the day hikes reach heights up to 2000 vertical metres above the town of Wanaka and into the alpine environments. At this altitude, temperatures can be 12°C cooler than in Wanaka, further compounded by wind or rain, so a selection of good outdoor clothing is required.

Below is a list of required equipment. Further detail is available in the Equipment Detail sheet, accessed from the [Wanaka Day Hikes](#) Trek page on [www.aspiringguides.com](http://www.aspiringguides.com). If you have any questions about the equipment list, please be sure to contact us at [climb@aspiringguides.com](mailto:climb@aspiringguides.com).

## Personal Equipment Checklist

*\*Available for hire*

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### Body

- Underwear
- Base layer top (150-190g weight, merino or polypro, no cotton) or light collared shirt for sunny weather
- Mid layer top (fleece or windproof)
- Insulating jacket (fleece or synthetic fill)
- Waterproof and breathable jacket and **overpants\*** (eg Gore Tex® or similar)
- Lightweight, quick drying shorts or trousers

### Head/Face

- Sun hat & sunglasses
- Warm hat which covers ears

### Feet

- Walking boots (eg La Sportiva® Trango Trek)
- Trekking socks

### Hands

- Lightweight gloves

### Accessories

- Backpack (25+ litres)\***
- Small pack liner or plastic bag
- Personal medication and blister kit
- Sun cream and lip balm
- Water bottle (at least 1 litre)
- Camera

### Optional - personal preference

- Collapsible trekking poles (recommended)\***
- Insect repellent - for sandflies
- Calf or ankle gaiters

## I need to hire

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If you need to hire or purchase any equipment, please complete the form and return it to us before the start of your trip. Alternatively phone or email us informing us of the items your require.

Item	Own	Hire	Daily Rate
Overpants, specify size S M L	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Collapsible trekking poles	<input type="checkbox"/>	<input type="checkbox"/>	\$15

I, (the hirer) accept all responsibility for any loss or damage to equipment that is in my care.

If damaged or lost I give permission for Aspiring Guides to charge replacement costs to my account.

I also acknowledge the hire fee is calculated from the start of the trip to when the equipment is returned to the Aspiring Guides office.

**Hirer name:**

**Hirer's signature:**